

RESET: Developing Powerful Habits to Break through to Greater Performance

During any conversation these days someone's, invariably, going to mention at least one of the following:

- ▶ the morbid state of the global economy;
- ▶ the massive number of job layoffs;
- ▶ the number of businesses that are closing;
- ▶ how concerned they are about their job security; or
- ▶ how unfulfilled they feel about their careers.

It *can* be a depressing time right now IF YOU LET IT!

During the **RESET: *Developing Powerful Habits to Break through to Greater Performance*** keynote, Jim "Mr. Energy" Smith, Jr. will discuss myriad ways for today's professionals and leaders to shift their mindsets and view these times as opportunities for brilliance, reinvention as well as personal and professional growth.

The state of the world is forcing us to take our performance to greater levels. Gone are the days of just getting by using the same material and approaches – just showing up and throwing up. Our customers, competitors, learners, hurdles and tools have vastly changed. We're being stretched and encouraged to be more resourceful, creative and innovative. During his presentation, Jim challenges you to get out of your own way. He talks about finding your joy, not a job; your passion, not a paycheck.

Areas Covered in Session

- ▶ Ideas for polishing and/or eliminating old habits that have been difficult to let go;
- ▶ Methods for uncovering the blind spots that may be slowing your professional/ personal growth and for enhancing your personal power; and
- ▶ Ideas for being more resilient during these and other challenging times.



Presenter: Jim Smith, Jr.

Jim "Mr. Energy" Smith, Jr. (President/CEO, JIMPACT Enterprises) works with thousands providing performance-solutions and breakthroughs to superior results in the areas of global leadership, high impact presentations and facilitation skills, diversity and empowerment/personal power. A sought-after author, trainer and speaker, his workshops, teachings, keynotes and executive coaching experiences have taken him to 43 of the United States of America and the Bahamas, the Netherlands, China, Turkey, Ireland, Spain, Norway, Singapore, Malaysia, Canada, Mexico and England. The "personal power" expert has worked with thousands of executives, leaders and managers to coach them in effective communication skills, employee development and how to maximize one's productivity. In addition, he has coached speakers, trainers, television and radio personalities in how to make "mistake-free," memorable, engaging and retention-based presentations.